

Winchester Public Schools Local School Wellness Policy Triennial Assessment Report

The Triennial Assessment for Winchester Schools Wellness Policy was recently completed. Our district is fully in compliance with all the federal requirements that regulate nutrition standards for USDA Child Nutrition Programs and school meals. All the snacks sold in Winchester Schools meet the USDA's Smart Snack standards. We also comply with standards for competitive foods and beverages.

We identified through our assessment that our physical education curriculum may not fully align with national and state standards. Our curriculum team will access if we have the resources to correct this alignment during the 2022 – 2023 school year.

We will also focus on encouraging a varied group of stakeholders to participate in our Wellness Policy development and implementation.

We identified through our assessment that there are many areas where we are fully implementing wellness practices in our schools that are either (a) not mentioned in our wellness policy, or (b) are only vaguely mentioned in our policy. Several of these items are federal requirements. To remedy this, our wellness policy will be updated during the 2022-2023 school year. We will draft new language and present it before the Board of Education for a vote.

Overall, our LSWP compared favorably to the model policies as measured by the WellSAT 3.0. However, there are several best practices that we have not yet implemented in our practices or written in our policy. These include activating school level wellness committees and improving public access to our Wellness Policy.

Our wellness committee will consider the recommended best practices and determine whether we have the resources and support to take on one of these goals for the 2022-2023 school year.